

GREEN PAPER

Recommendations for policy makers



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**Co-funded by
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Green Paper: recommendations for policy makers

In today's rapidly digitizing world, European citizens need digital, health, and data literacy to make the most of digital health tools that help monitor, manage, and enhance their health and well-being. The swift advancement in healthcare technology

has brought about incredible new tools for delivering and managing care. However, despite these numerous benefits, digital health also presents challenges, potentially widening the gaps in health literacy and digital and data skills.

TRIO Project

Considering the current context, the TRIO project emerges as a timely initiative. TRIO is an Erasmus+ project that aims to empower citizens of different ages through informal education, in the areas of health, digital and data literacy

Project Resources

- The [Manual](#)
- The [Online learning platform](#)
- The [Toolkit for formal and informal educators](#)
- The [Virtual library](#)
- The [Policy recommendations](#)

All educational materials and news about the project can be found at trioproject.eu

Project Goals

1. Enhancing citizen's health, digital, and data literacy through informal learning and co-development of inclusive practices.
2. Broadening access to knowledge and user-friendly tools for eHealth via a digital platform.
3. Building adult educator's capacity to deliver adaptable training on health, digital, and data literacy using a flexible toolkit.
4. Ensuring the sustainability and adoption of TRIO tools by developing recommendations for policymakers and organizations.

Why do we need recommendations for policy makers?

The project is ambitious, and engaging different stakeholders is essential.

The document “Recommendations for policy makers” includes a list of good practices from the TRIO’s partners countries. The analysis of the practices led to the development of policy recommendations, with the aim of promoting future sustainability and the uptake of the TRIO tools and materials.

Who are our stakeholders?

EU policymakers, Member states Parliaments and Governments, Hospitals and Healthcare providers, Academics, National schools of health, NGO and associations dedicated to health, digital and data literacy.

Recommendations

Improving skills in health literacy and increasing trust in digital health

- **Promoting the dissemination of educational resources to citizens.**

Developing educational programmes that improve digital and data literacy so that citizens can make informed decisions about their health is paramount. These programmes should be intuitive, accessible and understandable to increase trust and acceptance among users.

- **Integrating digital literacy into education curricula**

Integrating digital literacy into the training and continuous education of the next generation of practitioners will ensure the

capacity of exploiting the opportunities provided by the new technology and to provide care effectively.

- **Strengthening security in digital health systems**

Privacy and security concerns are one of the main obstacles for a wider use of digital health systems. The lack of knowledge of digital health systems may expose to significant risks and reduce trust in these novel systems. Ensuring the confidentiality, integrity, and availability of health data is crucial to maintaining patient trust and complying with regulations, such as GDPR.

Ensuring social inclusion in healthcare policies related to digital technologies and data-driven solutions

- **Tackling health inequalities via digital literacy**

Digital exclusion can exacerbate health inequalities by making it more difficult to access healthcare, navigate and use services effectively, and obtain the necessary resources for a healthy life. Digital skills are key to reducing social inequality and to supporting health choices.

- **Digital literacy and accessibility**

To ensure inclusivity, digital health tools and applications must be accessible and user-friendly, catering to individuals with different levels of digital and health literacy.

- **Stakeholders' engagement and community building**

Encouraging partnerships between different sectors (education, academia, public sector, healthcare, and technology) and stakeholders (citizens of all ages, policymakers, associations, healthcare professionals, researchers,) is necessary to create interdisciplinary synergies that can support digital and health literacy simultaneously.

Continuous research and investments

- **Research and analysis of health, digital and data literacy policies**

Investing in research is essential for monitoring the digital and health skills gap, evaluating the effectiveness of health, digital and data literacy interventions, and developing evidence-based practices that can be implemented. Encouraging the use of participatory methodologies should be a priority.

- **Funding for health, digital and data literacy**

European, National and local authorities, as well as private funders, should ensure grants and funding for innovative projects that aim to improve digital and health literacy, encouraging the development of new approaches (including the web-focused gamified approach) and technologies.

- **Ensuring interoperability of data within the healthcare sectors and between system**

Continuity of care is a key priority for healthcare delivery. Health data stored in different hospitals, systems, and countries must be shareable in a secure and privacy-compliant manner.



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